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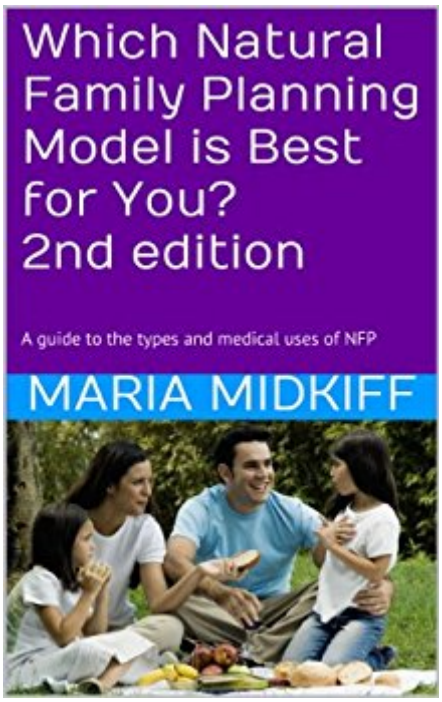
Which Natural Family Planning Model Is Best For You? 2nd Edition: A Guide To The Types And Medical Uses Of NFP



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Synopsis

The book Which Natural Family Planning Model is Best for You? A guide to the types and medical uses of NFP, 2nd edition, has been released. Author/Publisher Maria A. Midkiff has been charting since June 11, 2000, and has successfully used NFP to both achieve and postpone pregnancy. In addition, she has had two medical conditions that were identified using NFP and treated.The media and the public think all NFP models are the same. Wrong. There are six prevalent models. If you choose the wrong one, consequences range from wasting time to suffering through infertility or multiple miscarriages unnecessarily. The decision of which model to use should not be taken lightly. Many times women or couples use the model that is prevalent in their area or that is used by friends. By choosing a model this way, you may not receive the best medical care. Care that could save your life.Midkiff says, â œNFP is a fragmented science. Consolidated details on all models have not been available. My aim was to research them and to provide that. Now people can make an informed decision.â •This book discusses the following models:-Billings Ovulation Method -Family of the Americas -Couple to Couple League International-Marquette Model-Northwest Family Services-Creighton ModelNFP is not only a way to achieve or avoid pregnancy. Its applications span to medical uses and treatments. Because of this, Midkiff also covers conditions such as: infertility, PMS, premature birth, postpartum depression, cancer, ovarian cysts, how to find a good doctor, the best way to learn to chart, effectiveness rates, IVF and other topics. After reading this book you will know the advantages and disadvantages of each model, which is best, and why.Midkiff holds a BBA degree in Accounting from the University of Texas at Austin and is a CPA licensed in the state of Texas.

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